THE ROSARY



"Let us run to Mary, and, as her little children, cast ourselves into her arms with a perfect confidence."

-St. Francis de Sales

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Praying the Rosary

Through praying the Rosary, in the company of Mary we spend time thinking about the great moments of Jesus' life. With Mary we see God's Son Jesus become human like us. We see him growing up in his family, proclaiming the Good news and then being rejected, tortured and killed. Sharing Mary's faith, we meet the Risen Jesus greeting his friends and sending forth his Spirit. He calls Mary, the first disciple to the peace and love of his heavenly kingdom.

The Prayers of the Rosary

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, his only Son, our Lord; who was conceived by the Holy Spirit., born of the Virgin Mary, He suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He rose again from the dead; he ascended into Heaven sits at the right hand of God, the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting, Amen.

Our Father

Our Father, who art in Heaven; hallowed by Thy name; Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us and lead us not into temptation; but deliver us from evil. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with you. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners now and at the hour of our death. Amen

Glory Be

Glory be to the Father, to the Son and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end, Amen.

O My Jesus

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of your Mercy. Amen.

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Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope.

To thee we cry, poor banished children of Eve.

To thee do we send up our sighs, mourning and weeping in this valley of tears.

Turn then most gracious advocate, thine eyes of mercy towards us,

And after this our exile, show unto us the blessed Fruit of they womb, Jesus.

O clement. O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God

That we may be made worthy of the promises of Christ.

Praying the Rosary

- Step 1: Make the Sign of the Cross and say the "Apostles Creed"
- Step 2: Say the "Our Father"
- **Step 3:** Say three "Hail Marys" (for the Pope's intentions)
- **Step 4:** Say the "Glory Be to the Father"
- **Step 5:** Announce the First Mystery; then say the "Our Father"
- **Step 6:** Say ten "Hail Marys" while thinking about each of the Mysteries
- **Step 7:** Say the "Glory Be to the Father"
- **Step 8:** Then start the Second Mystery; say the "Our Father". Repeat steps 6 and 7

and continue with the Third, Fourth, and Fifth Mysteries in the same manner

Step 9: Say the "Hail Holy Queen" after the five decades are completed.

The Joyful Mysteries

- 1. The Annunciation
- 2. The Visitation
- 3. The Birth of Jesus
- 4. The Presentation of the Child Jesus in the Temple
- 5. The Finding of the Child Jesus in the Temple

The Mysteries of Light

- 1. The Baptism of Jesus in the Jordan
- 2. The Wedding Feast of Cana
- 3. The Proclamation of the Kingdom
- 4. The Transfiguration
- 5. The Institution of the Eucharist

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The Sorrowful Mysteries

- 1. The Agony in the Garden
- 2. The Scourging at the Pillar
- 3. The Crowning with Thorns
- 4. The Carrying of the Cross
- 5. The Crucifixion and Death of Our Lord on the Cross

The Glorious Mysteries

- 1. The Resurrection
- 2. The Ascension of Jesus into Heaven
- 3. The Descent of The Holy Spirit on the Apostles
- 4. The Assumption of Our Blessed Mother into Heaven
- 5. The Coronation of Our Blessed Lady, Queen of Heaven

